

# Alive

Words & Music by Jan Garrett, JD Martin, & David Roth

I go out for a walk today, and it's a Wild World in every way,  
Like a love affair that I cannot contain  
Overcome with signs of spring, I hear the red-wing blackbird sing  
A subtle breeze, and the morning smells like rain

The winter snows have come and gone, the red rock canyons carry on  
And I love the silence more than I can say  
The river's song, the whippoorwill, the wildwood and the daffodil  
Everything's alive and well today  
Everything's alive and well today

And the sun says hold your head up high  
And the moon says take your time  
And this breath we know will come and go  
It's just so good to be alive  
So good.....to be alive

I will be forever grateful for the summers I have seen  
And the falls that I have weathered through the years  
And although my heart is breaking for the ones that I have lost  
I am singing through my tears.

(I feel like) We are not abandoned, and we are not alone  
Love rides with us as we go  
The connection we've been looking for is closer than we know  
We've arrived, we're already home  
We're alive, we're already home

And the sun says hold your head up high  
And the moon says take your time  
And this breath we know will come and go  
It's just so good to be alive  
So good.....to be alive