

# Ancestors

(Words and Music by Jan Garrett & Melinda Wood Allen)

Sky above, earth below  
Fire within me, this I know  
Wind and water, sand and time  
Live and breathe, and beat this heart of mine  
Live and breathe, and beat this heart of mine

The stones beneath our feet hold the memories  
The stars light the way through the dark  
The greening of the leaves, the stirring of the breeze  
The river's song reminds us who we are

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Can we walk the city's canyons when the moon is on the rise  
Can we let our native kindness shine through  
Will we recognize the stranger, see the light behind the eyes  
Let the beauty of our hearts be what we do

Angels and Ancestors are watching over me  
We're a chain of survivors, breaking free  
I call on those who've come before and those who've yet to be  
And I believe that they believe in me

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Live and breathe.....