

Lyrics

And Jan's Stories Behind the Songs



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- ~~ Jan's Stories Behind the Songs

1.

Turning Tide

Words & Music by

Jan Garrett & JD Martin ©2008

There is a promise....I feel it coming
In the rising of a turning tide
Where every burden shall be lifted
On the surge of faith inside
And every spirit will feel the blessing
Every soul will be satisfied

We are rising higher higher
In this turning tide
We are rising, rising,
In this turning tide
We are rising, rising,
In this turning tide

I hear the music....in the madness
I see the vision of a brighter day
I draw compassion....from our sadness, and fuel the
Fire for a better way
I put my money.....where my mouth is
I get on board the freedom ride

We are rising higher higher
In this turning tide
We are rising, rising,
In this turning tide
We are rising, rising,
In this turning tide

And so the promise becomes the present
And the future is opening wide
We are guided, we are gifted
We are lifted up inside
And nobody....can do it for us, we sing our
Own Hallelujah Chorus

We are rising higher higher
In this turning tide
We are rising higher higher
In this turning tide

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2.

Listen

Words & Music by
Tom Kimmel & JD Martin ©2008

The world runs fast, the spirit slow
To where we think we need to go
When we move into passing gear
The song of love is hard to hear
Till everything's so loud that we're
Alone with what we're missing

Listen.....Listen.....
Somewhere beneath this sea of noise
We hear the angel's whispered voice
The song is there, the words are clear
And all we need is still right here
Listen.....Listen.....

The harmony of wings in flight
The rising of the wind at night
The breaking of the ocean waves
Will call the heart that's half awake
The sound of every breath we take
Can free a soul from prison

.....for all we're worth
The door to heaven is here on earth
The shout for joy, the softest prayer
The sound of love is in the air

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3.
Who

Words & Music by
Jan Garrett ©2008

Who is always easy
Who loves feeling free
Who's behind the breeze and the wind in the trees
And who is breathing me
 Who rides with me on this journey
 Who is my shelter in the storm
Who is my heart's true companion
Who is the fire that keeps me warm

CHORUS

And we're all together, all together now
And it's good to be home
And we're all together, all together now
And it's good to be home

Who is the first to feel forgiveness
Who loves the benefit of the doubt
Who finds the finest....milk of human kindness
And passes the miracles around
 Who hears the music in the madness
 When no rhyme or reason can be found
Who holds the harmony together
Who is the song inside the sound

CHORUS

(Instrumental turn-around)

Who do I spend my whole life loving
Who is looking through these eyes
Who is my nearest and dearest
Who's my most familiar surprise
 And who began my beginnings
 And who rides with me through the end
Who brings me laughter ever after
Who's my truest friend

CHORUS

4.
Open the Door

Words & Music by
Jan Garrett & JD Martin ©2008

You been / Up against the wall, open the door
You're trying not to fall, open the door
 There's a wonderful world wondering where you been
 Quit knock knock knocking and walk on in
You can have it all, open the door

You're wondering what to do, open the door (Sometimes it feels like)
You don't have a clue, open the door
 It's a beautiful life, but you got ta begin
 Quit ringing the bell and just walk on in
This time it's up to you, open the door

 You can lift the latch, turn the key
 Don't need no ticket, you can get in free
 If it feels like home and you're ready for more, you can
 Take it easy, Baby.....and open the door

The party's going strong, open the door
It's been here all along, open the door
 All your new best friends are waiting for you, why doncha
 Open the door and just-a walk on through
You're right where you belong, open the door

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It Ain't Over Yet

Words & Music by
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You just don't know, ya never know
How far your heart might get
No, you just don't know, ya never know
'Cause it ain't over yet
Oh you just don't know, ya never know
How your love grows when you let it
You just don't know, ya never know
'Cause it ain't over yet

Now, take.....for example.....The honeybee and the rose
That kiss is more than a random sample, 'cause I think the rose knows
It's an evolutionary answer, a romance that comes to beeee
The complicated pollinated sweetness in your tea

It's three.....strikes, you're out. That's what the umpire said
And the baseball blues is bad news, but you can turn in around instead
'Cause, if strikes is up your alley, strike it rich on the way to fame
And bowl your audience over just by changing the name of the game

What goes around comes around, as far as I can see, and that's why
We all feel familiar in this spiral galaxy
So, Namaste, come out and play, and everybody wins
And we meet ourselves coming and going when the Saints go marching in

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See My Way Through

Words & Music by
Jan Garrett ©2008

Woke up this morning singing
 Didn't even know the tune
The sweet dreams I'd been dreaming
 Were still smiling around the room
Yesterday's ugly problems
 Got a face lift in the night
And a coupla bright solutions
 Showed up in the morning light

(And I could) See my way through.....See my way through
Goodness, Gracious, Hallelujah, I can.....See my way through

Now, some days are diamonds
 Some days are dirt
But I can plant my seeds in that fertile soil
 And the magic just might work
(And so I) Loosen up the boundaries, and I
 Lighten up my load
I expect the best and I bless the rest, and I
 Get on down the road

If I should get down-hearted
 And can't find my way home
I fling my dreams out in front-a me
 Cause they know where they're goin'
And I can see 'em shining
 They cheer me all the way
And they pull me into my future
 Just as easy as a summer's day

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No Complaints Whatsoever

Words & Music by
Jan Garrett & JD Martin ©2008

I got no complaints whatsoever
I got no complaints whatsoever
I got no complaints whatsoever
And a new day is dawning in my soul
A new day is dawning in my soul

Believe it or not, I ain't lying
I'm not trying to cover up the facts
I been down, been betrayed, I been....broken open
Till I gave up the struggle at last
And I can see all the ways that I've been gifted
And all the wisdom that has brought me to this place
Through the twists & the turns, I have finally come to learn
To trust this amazing kind of grace

CHORUS

The high road is surprisingly easy
Forgiveness shows up without a fight
Through the ups & the downs I see beauty all around
'Cause I'd rather be grateful than right
So I get to play with what I'm given
And find such unexpected harmonies
Weaving the light with the deep dark shadow
Till the music sets me freeeee

CHORUS

I got no regrets	(I got no regrets)
I'm seriously blessed	(I'm seriously blessed)
I got peace of mind	(I got peace of mind)
All the time	(All the time)

CHORUS

I got no regrets, I'm seriously blessed
And a new day is dawning in my soul

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Windows

Words & Music by
Jan Garrett ©1975

The eyes are the windows of the soul.....so I've been told
The magical curtains that lead to where the certainest secrets unfold
I don't know much about secrets, but I know when I look in your eyes
The world falls away, and I'm falling in love
 Free-fall at last, endlessly vast, this mystery has to be true
 Because it's you.

I sit behind my windows, all by myself, alone on a shelf
Wishing I could touch you, loving you so much, you are infinite wealth
I don't know much about money, but I know when I spend time with you
The riches inside are endlessly wide, and as I come nearer
 It seems to be a mirror. I'm looking into my own soul...
 I lose control

Let me be a window for your love to come through, totally new
Shine me like a crystal, slicker than a whistle, let me be true
I don't know much about windows, but I know that I want to be yours
Just perfectly clear, transparently near, make my very essence
 Airy luminescence, and let there be nothing between...
 Clean me through and through, let me live in you
 Till the window is open at last.
Then your subtlest breeze can come and go as you please
And your love light come shimmering through
Because I love you ...Yes I do, truly do, truly I do love you.

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Song To Sing

(Conjugational Hymn)

Words & Music by
Jan Garrett & JD Martin ©2008

I got a song to sing.....Got some joy to bring
It's a simple song, and it's easy.....Everybody sing along

You got a song to sing.....You got some joy to bring
It's a simple song, and it's easy.....Everybody sing along

Don't be shy.....(don't be shy) Give it a try.....(give it a try)
Don't be shy.....give it a try Everybody sing

She's got a song to sing.....she's got some joy to bring
It's a simple song, and it's easy.....Everybody sing along

He's got a song to sing.....he's got some joy to bring
It's a simple song, and it's easy.....Everybody sing along

Find your part.....(find your part) Come from the heart.....(Come from
the heart)
Find your part...come from the heart Everybody sing

We've got a song to sing.....we've got some joy to bring
It's a simple song, and it's easy.....Everybody sing along

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Say That!

Words & Music by
Jan Garrett & JD Martin ©2008

If you don't know how to say what you're feeling
But you feel like you got something to say
When the music....all sounds familiar
But you never really learned how to play

If you feel like the next step is waiting
But you don't exactly know where to go
When you're not quite sure of the meaning
But you're certain that you're willing to know
Take a chance and SAY THAT

If you're used to flying under the radar
'Cause you're not so sure you wanna be seen
You've got a much bigger life to step into
But it's still hiding out in your dreams

When you know that your faith can move mountains
But you're scared you don't know how to begin
You can call up....your Higher Power
And ask for courage....to come on in
Take a chance and SAY THAT

When you're sure.....That your heart
Could light up the silence in the dark
Don't hold back, SAY THAT

Now, the odds are stacked in our favor
We've got a natural inclination to thrive
When we show up, we've got to get braver
And we can't wait for the band to arrive

When you wanna crack your heart wide open
And the words don't seem to open the door
But you're secretly in love with the feeling
And you're positively jumping for joy
Take a chance and SAY THAT

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The Story Behind

“No Complaints Whatsoever” Story Behind the Songs

We recently heard a story about a woman Zen master named Sono who taught one very simple method of enlightenment. She advised everyone who came to her to adopt an attitude to be practiced many times a day, under all conditions. The mantra was, “Thank you for everything. I have no complaints whatsoever.”

A tall order.

With a sense of humor and compassion we are doing our best to shut up, listen, come from the heart, expect the best and bless the rest.

We are so grateful to be making this music for all of you.

Thank you for everything!

Inspired by Alan Cohen
and the Rev Carlos W. Anderson

Jan’s Stories Behind the Songs

1. Turning Tide

A couple of years ago I read a Garrison Keillor essay about the kind of old fashioned politics that truly cares about the common good, and an ideal prosperity that raises all ships. I started feeling the exhilaration of that rising tide on a deep soul level, turning in a beneficial direction for everyone. There is a beautiful energy moving now that I haven’t felt since the 60’s. JD and I drew on our church-y gospel choir roots for the music. We love singing this vision into the future, and hope you’ll join us one way or another.

2. Listen

JD and our brilliant poet/songwriter friend Tom Kimmel wrote this one in Nashville last Fall. We all cried and loved it from the start, but it really came together when JD wrote the cello part and found a Julliard graduate from the Aspen Music Festival to record it for us in July.

3. Whoo

We are told that in the ancient world words had power, and that when these sacred sounds are intoned from the heart, Divine realization happens naturally. So all listeners are invited to sing with us: “Whooo,” (the sound of the breath, the wind in the trees, and the primordial question, Hey, who are we really, anyway?) “Ahhhh,” (as in “We are alllllll together now”,) and the sacred sound of “Om,” which is cleverly tucked inside the English word “home.”

4. Open the Door

This one is just for fun. Dance, laugh, sing, and open the door.

5. It Ain't Over Yet

I grew up listening to big band music and especially loved Gene Krupa with Andrew Sisters harmonies. My Mom taught me to jitterbug when I was 7. Early pre-bebop tunes can incorporate deep spiritual truths: Everything is connected to everything else. We can't get it wrong, because we're never gonna get it done. We keep getting new chances. So we say cheer up 'cause it ain't over yet.

6. See My Way Through

You know how it is when you're in the middle of a big problem, and finally you get so tired that you just give it all up to Great Spirit and go to bed? Maybe the next morning you wake up singing. (We LOVE Brent Rowan's guitar playing on this goofy little tune.)

7. No Complaints Whatsoever

While in NYC last spring we heard about a woman Zen master whose main advice for enlightenment was to practice this mantra all day every day: "I'm thankful for everything, and I have no complaints whatsoever." A tall order! We tried internalizing it, and after a few days this song came through in 4-part harmony. So now I guess we have to actually practice it. God has a great sense of humor.

8. Windows

I wrote this song to The Beloved in 1976, and have been wanting to record it ever since.

9. Song to Sing (Congugational Hymn)

Just a little sing-along we put together to get from "Windows" to "Say That!"

10. Say That!

We came home last December after being very inspired by the movie August Rush and started messing around on the piano. This tune practically wrote itself.

Now what? Click on the secret track #11 and find out.

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